

## Fasten Your Seatbelt

Fasten Your Seatbelt: A Crash Course on Down Syndrome for Brothers and Sisters by Brian G. Skotko and Susan P. Levine is the first book written exclusively for teens with a brother or sister with Down syndrome. In an easy-to-read, question-and-answer format, nearly 100 questions are tackled on a broad range of their most common issues and concerns. This book gives teens the green light to explore their own feelings and questions about their sibling with Down syndrome and how their relationship may change in the future.

Press release available [here](#). Excerpt available [here](#).

Book is available from Woodbine House , [Amazon.com](#) , and Barnes and Noble .

Media coverage on FOX News, NPR, ABC News NOW, Cleveland Plain Dealer, CNN Espanol, The Parent's Journal with Bobbi Conner, and [PatriciaEBauer.com](#).